

**The Mercer County Department of Human Services** is a county government agency that serves as an advocate for all Mercer County residents. It includes:

**Community Services Division**

Homeless Services

Neighborhood Centers and Childcare Services

Nutrition Project for the Elderly

Office on Aging

Office on Children and Youth Services

Office for the Disabled

**Health and Behavioral Health Division**

Health Office

Municipal Alliance Office

Office on Addiction Services

Office of Mental Health Services

**Mercer County Library System**

**Commissions and Councils**

Commission on Abused, Neglected and Missing Children

Commission on the Status of Women

Council on Aging/Nutrition Council

Disabilities Advisory Council

Human Services Advisory Council

Library Commission

Local Advisory Committee on Alcohol and Drug Abuse

Mental Health Board

Youth Services Commission

**For more information on the Department of Human Services, please call 609-989-6526**



**The Honorable Brian M. Hughes  
County Executive**

Marygrace Billek, Director  
Department of Human Services

Eileen Doremus, Executive Director  
Office on Aging

Jenifer L. Williams  
Chief of Nutrition

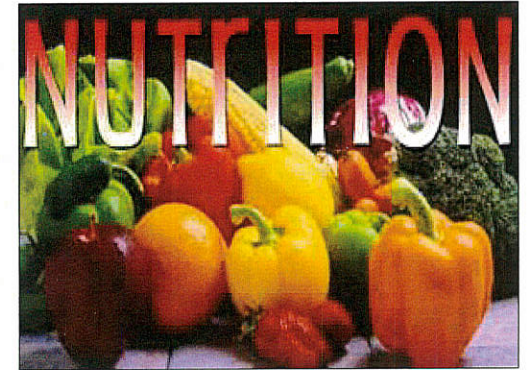
**Board of Chosen Freeholders**

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The project is funded under Title III of the Older Americans Act of 1965, as amended through a grant by the Mercer County Office on Aging

# Mercer County Nutrition Project for the Elderly



**We cordially invite you to join us at one of our nutrition sites located throughout Mercer County.**

**Site service hours:  
Monday through Friday  
8:30 a.m. to 1:00 p.m.**

**Tel: (609) 989-6650**



**The Mercer County Nutrition Project for the Elderly** provides older adults with nutritionally balanced and appetizing meals that are served in centers that unite people for activities and social contact. A caterer prepares **a complete lunch each day**. It includes soup or juice, main entrée, vegetables, bread, beverage and dessert. All meals are planned by a qualified nutritionist to provide at least one-third of an older person's daily nutritional needs.

The program also provides other services and activities, including:

Regularly scheduled nutrition education

- Health and wellness programming
- Transportation through the County's TRADE service
- Menu on-line @<http://nj.gov/counties/mercerc/department/hs/nutrition.html>



## Nutrition Sites

### East Windsor

#### **East Windsor Senior Center**

40 Lanning Blvd. / 609-443-3949

### Ewing

#### **Ewing Hollowbrook Community Center**

320 Hollowbrook Drive / 609-883-4150

### Hamilton

#### **Hamilton Township Senior Center**

409 Cypress Lane / 609-586-7272

#### **John O. Wilson Neighborhood Service Center**

169 Wilfred Ave. / 609-394-1617

### Lawrence

#### **Lawrence Township Senior Center**

30 Darrah Lane East / 609-883-8085

### Pennington

#### **Hopewell Valley Senior Center**

395 Reading Ave. / 609-737-3855

### Princeton

#### **To Be Determined**

Please call 609-989-6650



### Trenton

#### **South Ward Senior Center**

870 South Broad St. / 609-392-8208

#### **Reading Senior Citizen Center**

15 Ringold St. / 609-394-9201

#### **Sam Naples Community Center**

611 Chestnut Ave. / 609-394-7880

#### **Jenny W. Stubblefield Senior Center**

301 Prospect St. / 609-394-2656

### Robbinsville

#### **Robbinsville Senior Center**

Allentown Robbinsville Rd. / 609-259-1567

Anyone 60 years old or older, or anyone married to a person 60 years old or older, can join us. Suggested donation per meal is \$1.00; larger donations are appreciated. Privacy is respected and all donations are confidential. For more information about the **Mercer County Nutrition Project for the Elderly** contact 609-989-6650.