

OUR NEWS AND YOUR STORIES



Public Health Nurses from Hamilton, West Windsor, Princeton, and Lawrence

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FIRST COVID CLINIC

Mercer County Health Officer Association in collaboration with the local health departments and community partners started to vaccinate health care workers and emergency responders on December 28th, 2020, at the Nottingham Ballroom in Hamilton. Clinics will also be held at:

- West Windsor Senior Center January 6 and 8
- Princeton Senior Center January 11 and 13
- Trenton Fire Station Perry St. January 20 and 22
- Ewing Senior Center January 26 and 27
- Nottingham Ballroom Hamilton January 26 and 28.

Mercer County Community College has pledged their support, and the Nursing program is hoping to provide student nurses to help regularly at the two campus clinics.

Currently, vaccines are available to individuals in Phase 1A and 1B, which includes paid and unpaid persons serving in health care settings who have the potential for direct or indirect exposure to patients or infectious materials as well as residents and staff of long-term congregate settings, police, fire fighters, and

Continued on page 4

TIME TO START THE COMMUNITY HEALTH ASSESSMENT 2021



**35TH STREET
CONSULTING**
LLC

GMPHP is pleased to announce that "35th Street Consulting" has been selected to assist with the next Mercer County Community Health Assessment. We were very impressed with their attention to detail and their experience helping communities develop manageable relevant Improvement Plans. We will be reaching out to our members to organize zoom stakeholder meetings and focus groups in the coming months. Please reach out to Carol with suggestions and referrals so we can have productive discussions - gmphp.nj@gmail.com

Meet Our Team



Danielle Walters, MPH

President, 35th Street Consulting, Project Manager

- ▲ 20+ years of experience in stakeholder research, capacity building, community development, and planning
- ▲ Has led effective, research based strategic planning projects for government, public, and other community-based organizations, both nationally and internationally.

Danielle will serve as the project manager to coordinate efforts between GMPHP and our project team. Applying her significant expertise in quantitative and qualitative data collection she will ensure research rigor and accurate interpretation of data, and will lend her substantial experience in coalition building to maximize stakeholder engagement.



Colleen Milligan, MBA

Consultant, Community Research and Health Improvement Planning

- ▲ 20+ years of experience in public and not-for-profit sector conducting community research and planning to advance health and equity
- ▲ Has led CHNAs with 120 hospitals and their public health and CBO partners

Colleen will assist in all aspects of the CHA/CHIP. She will apply her experience from working with dozens of community collaboratives to conduct research and planning, develop consensus around priority needs, and foster cooperation in addressing health needs.



Grace Gorenflo, MPH

Consultant, Public Health and PHAB standards and measures

- ▲ 25+ years working with state, local, tribal, and territorial public health departments
- ▲ Worked with Public Health Accreditation Board, NACCHO, RWJF, and others to develop PHAB accreditation requirements

Grace will assist in all aspects of the CHA/CHIP and lead preparation and reporting for PHAB application. She will lend expertise to facilitation, reporting, and the CHIP planning.



GMPHP ELECTS NEW BOARD

We would like to thank Yvette Graffie-Cooper for her year of service as President of the GMPHP.

At the January 6th Board meeting, Lauren Stabinsky was elected as the incoming President, and Jeffrey Grosser was elected as Vice President. Ann Dorocki will continue as the Secretary, and Jeremy Cohen will continue as Treasurer.

Lauren is the director of the Community Education and Occupational and Corporate Health Departments. Her work includes community outreach, working with the Barnabas Health System and Hamilton Hospital on Social Impact, along with program development and operations for Occupational and Corporate Health.

Jeff Grosser is the Princeton Health Officer responsible for promoting health, preventing/controlling communicable and non-communicable diseases, and protecting against environmental hazards in Princeton.



STATE SETS UP 6 VACCINATION SITES Coming Soon!



The state is administering vaccines in stages. Healthcare workers, longterm care residents, emergency responders, are currently being vaccinated, and recently, people 16-64 with chronic conditions, and people 65 and older are now eligible. Check **covid19.nj.gov/vaccine** for up to date information. The sites will be located at:

- The Meadowlands Complex in East Rutherford, Bergen County.
- Rockaway Townsquare in Morris County.
- The New Jersey Convention and Exposition Center in Edison, Middlesex County.
- The Moorestown Mall in Burlington County.
- Rowan College of South Jersey in Sewell, Gloucester County.
- The Atlantic City Convention Center in Atlantic County.

In Mercer County, vaccines will be available at the Pennington Shop-Rite, Robbinsville Shoprite, and the Henry J. Austin Clinic.

Continued from page 1: people older than 65, and people 16-64 with chronic medical conditions that pose high risk for severe COVID-19.

PREPARED ON JAN 13, 2021

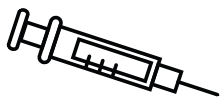
As of January 14, 2021, the following groups are eligible for the COVID-19 vaccine:

- ✓ **Paid or unpaid persons working or volunteering in a healthcare setting**
- ✓ **Residents of long-term care facilities and other congregate settings**
- ✓ **Frontline first responders**
- ✓ **Persons aged 65 and older**
- ✓ **Persons aged 16 to 64 years old who have at least one chronic medical condition that poses high-risk for severe COVID-19:**

- Cancer
- Chronic Kidney Disease
- Chronic Obstructive Pulmonary Disease (COPD)
- Down Syndrome
- Heart conditions (e.g. heart failure, coronary artery disease, cardiomyopathies)
- Immunocompromised (weakened immune system) due to organ transplant (consult with your doctor)
- Obesity (e.g. body mass index of 30kg/m² or higher)
- Pregnancy (consult with your doctor)
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

These groups can start making vaccination appointments. More groups will become eligible in the coming weeks.

For a list of open vaccination sites nearest to you and register for a COVID-19 vaccine visit covid19.nj.gov/vaccine



State Unveils Registration Portal for COVID-19 Vaccines

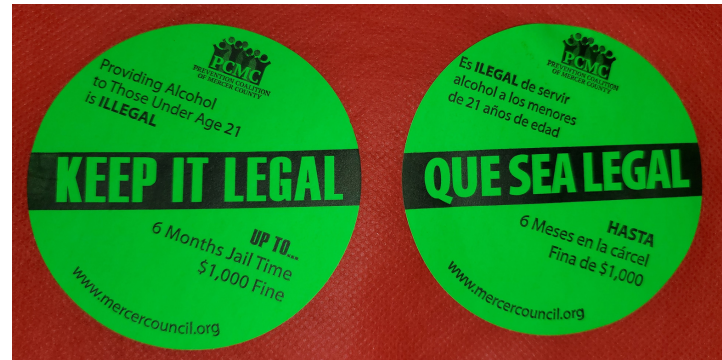
The State of New Jersey's new online portal **NJVSS**, that allows people to pre-register for a COVID-19 vaccine – even if not currently eligible to receive one -- is now live. The state's website for vaccine-related information is **covid19.nj.gov/vaccine** and the registration site is **covidvaccine.nj.gov**.

Beginning January 7, uniformed police and fire personnel, and January 14, 65 year olds and older are now eligible. Once vaccine availability expands, vaccination will advance to Phase 1B, then Phase 1C, and then Phase 2, which includes the general public. The specific makeup of those later priority groups has not yet been finalized. The guidelines change weekly, so check the website for the most current accurate announcements.

When those who are not currently eligible for a vaccine pre-register through the state's new online portal, they will be placed on a waiting list and will be notified when it's their turn to schedule an appointment.

STICKER SHOCK

So what is **STICKER SHOCK**? Project Sticker Shock is designed to reach adults who might purchase alcohol legally and provide it to minors. Stickers warning about the penalties for furnishing alcohol to minors, are placed on all multi-packs of beer, alcopops, and other alcohol products that might appeal to underage drinkers. Youth and **Prevention Coalition of Mercer County** leaders approach an alcohol retailer in the community and arrange to place a sticker reminder on packaged goods. On some color boxes, the circular neon green stickers really POP out and grab your attention. Their outreach can often put stickers on 1,500 items. Pictured here at Joe Canal's in Lawrenceville are left to right: Ruth DelPino, Deloney Arnold, and Malissa Arnold. Ruth and Malissa are both GMPHP CAB members.



CHERISH THE CHILDREN AWARD

Long time CAB member **Jane Millner** was recently recognized by Mercer County with the Robin Scheiner Commission Recognition Award, for enhancing the quality of life for children and whose dedication and contributions inspire the community. Each year, the Mercer County Commission on Abused, Neglected and Missing Children hosts the **Cherish the Children Awards** ceremony, which acknowledges volunteers and paid professionals who work with youth in Mercer County, and also Mercer County high school students who have demonstrated a commitment to serving the Mercer County community. Because the 2020 recipients could not be honored in person, a video was created to celebrate them for the exceptional service they provide to the Mercer County community. It can be viewed at https://www.youtube.com/watch?v=lg_DvF-GGp8&feature=youtu.be

Jane has been the Director of Community Relations and Development for St Lawrence Rehabilitation Center for the last 22 years. In this role, she has been a dedicated leader for the Central Jersey Region of **Safe Kids** New Jersey, which reduces the unintentional injuries and death of children through education, advocacy and research. Jane has expanded this work to include water safety and fire safety. She is also involved with the GMPHP, "Walk This Way", and Mercer County Sheriff's Department Car Seat Check Program. Congratulations Jane!

CANCER THRIVING & SURVIVING WORKSHOP

DESIGNED FOR THOSE WHO:

- ARE IN ACTIVE TREATMENT, HAVE COMPLETED TREATMENT, PARTNERS AND CAREGIVERS

**REGISTER TODAY!
SPACE IS LIMITED**



Department of Health Office of
Cancer Control and Prevention

**JOIN US FOR OUR
FREE VIRTUAL
WORKSHOP**

**Thursdays 6:00 - 8:00 PM
February 18 & 25
March 4, 11, 18, 25**

This 6-week workshop is designed to help participants manage the effects of cancer. Each week builds off the previous to give attendees a full arsenal of tools and resources to utilize. Every effort should be made to attend each session in its entirety.



Register here: <http://bit.ly/37jvfQA>

a collaboration of

New Jersey Department of Health, Office of Cancer Control & Prevention Regional Coalitions

Atlantic, Burlington, Camden, Cape May, Cumberland,
Gloucester, Hunterdon, Mercer, Monmouth, Ocean, Salem

Questions? Contact Angela Bailey at 609-653-3992

HOPE & HEALING HELPLINE

HEAL, NJ Health Care Workers COVID Hope & Healing Helpline, provides live COVID crisis counseling support, 7 days a week from 8 a.m. to 8 p.m. to all New Jersey health care workers, their families, and caregivers statewide, with emergency support available 24/7.

Call 1-833-416-8733 or visit
healhealthcareworkers.com.

**During the COVID-19 Pandemic
your mental health is vital.**

**For Free Emotional Support
from Trained Staff**

Call 866-202-HELP (4357)
(Multilingual Service Available)

OR Text NJHOPE to 51684
7 Days/Week, 8 a.m. — 8 p.m.



This program is brought to you through NJ Hope and Healing Crisis Counseling Program (CCP). The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services is offering this CCP through a (FEMA/SAMHSA) grant.

POP-UP SHOP

31 West Broad Street
Hopewell

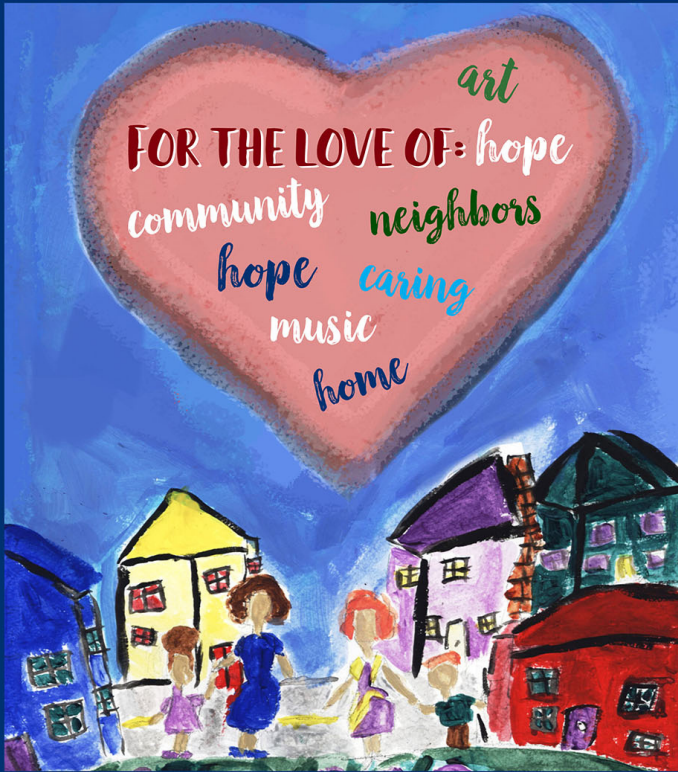
January 15-17, 22-24 & 29-31 February 5-7 & 12-14
Fridays 1-6 p.m. Saturdays & Sundays Noon-4 p.m.

SUPPORT HOMEFRONT FAMILIES

Buy and Browse – Art and collectibles

Donate – Help local homeless families

Learn More – Who we are and what you can do



OPEN HOUSE

FREE DENTAL TREATMENT FOR UNINSURED CHILDREN

FEBRUARY 5, 2021 | 9-2PM

KINDERSMILE COMMUNITY ORAL
HEALTH CENTER TRENTON

101 N BROAD ST TRENTON



CALL TO REGISTER

973-744-7003 OPTION 1

Claim your complementary membership to the Better Health Program at **RWJ Hamilton Hospital**.

You will have access to programs that engage your mind, encourage you to move and help you to reflect.

To learn more go to:
<https://www.rwjbh.org/rwj-university-hospital-hamilton/treatment-care/senior-health/better-health-program/>

Rediscover your Mind, Body, & Spirit in Retirement

Better Health Program

Complimentary Membership at 65+ years old



A free program for VIPs 65+ that combines medical education, interesting topics, and fun activities.

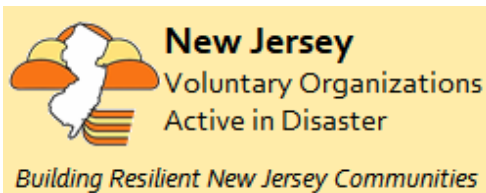


GMTMA AWARDED GRANT

Greater Mercer TMA is one of the five grantees awarded the 2021 Ready-to-Launch Pilot Implementation Grant by the National Center for Mobility Management. The purpose of the grant is to assist in preparing for full-scale roll-out solutions to address mobility challenges experienced by underserved community members.

Greater Mercer TMA's pilot program will offer a new transportation option for workers in Trenton, East Windsor and Hightstown to access the warehouse/distribution areas in the East Windsor/Cranbury/8a area.

The project features the use of a dynamic ride sharing app to connect workers without a vehicle with drivers heading to employment in the growing warehouse district. Subsidies and incentives, applied within the app, will make the program affordable for users. "Transit to the warehouse area is very limited and serving the sprawling development is challenging," said **Cheryl Kastrenakes, GMTMA's Executive Director**. "It's exciting to have the opportunity to put in place a new affordable option for residents to be able to reach the many job opportunities in the warehouse and distribution center area." A launch date is not set, but is targeted for the summer.



FIND VOLUNTEERS THROUGH NJ VOAD

For information and to request a volunteer, go to:
<http://www.njvoad.org/member-portal/volunteer-request-form/>

